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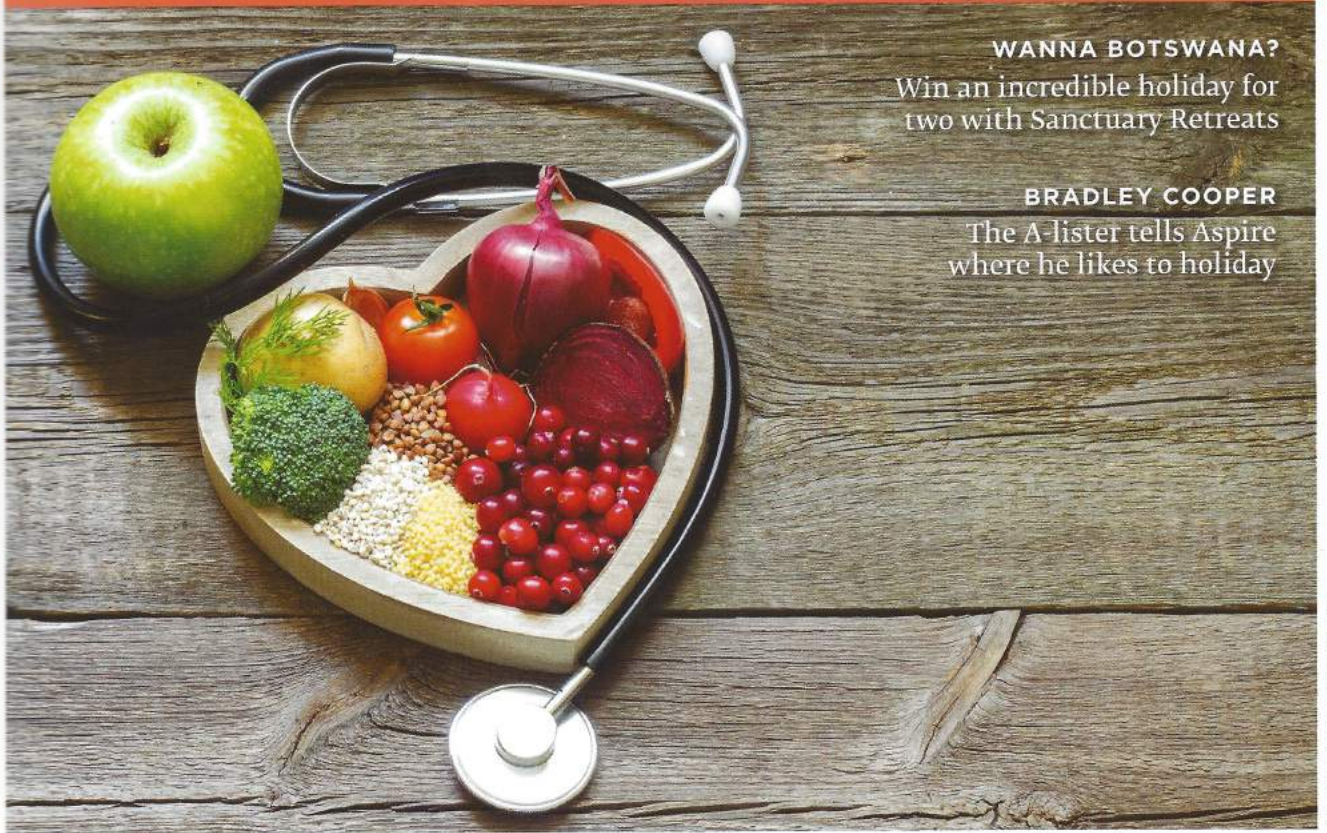
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LIVE LONG AND PROSPER

Wellness holidays hold the key to a healthy body, mind and wallet

WANNA BOTSWANA?
Win an incredible holiday for two with Sanctuary Retreats

BRADLEY COOPER
The A-listener tells Aspire where he likes to holiday





NANTUCKET ISLAND ADDS EXPERIENCES

Nantucket Island Resorts has devised new experiences for 2016 to help visitors make the most of their stay in its Massachusetts properties. The White Elephant hotel has partnered with Barton & Gray Mariners Club to launch the White Elephant Hinckley Yacht – a 36-foot boat available for charters. Several hotels, including The Wauwinet, have introduced Priority Bicycles to encourage people to explore the cobbled streets and coastline. Keen fishermen are advised to set up base at Nantucket Boat Basin's Cottages & Lofts, which have a front-row view of the dock where big marine hauls come in and competitive tournament weigh-ins take place.

NANTUCKETISLANDRESORTS.COM

HOTEL JEN CONTINUES EXPANSION

Hotel Jen has embarked on its second phase of expansion, with two new hotels in the pipeline. The recently launched brand, which is part of the Shangri-La hotel group and has 10 properties across the Asia-Pacific region, has confirmed plans for properties in Borneo and Kuala Lumpur. Hotel Jen Kota Kinabalu, in Borneo, is scheduled to open in 2018. It will form part of PacificCity, a new shopping and entertainment complex located on the coastal highway. The 36-storey Hotel Jen Kuala Lumpur, which is set to open in 2019, will have 200 rooms and a rooftop bar with an infinity pool, as well as a club lounge with privileges including express check-in and complimentary breakfast. The hotel will be in the city centre, near to the Petronas Towers and KL Tower.

HOTELJEN.COM



BARCELONA HOTEL OVERHAULS MENU

Hotel Arts Barcelona has relaunched its beachside restaurant Marina. The new menu is “inspired by international coastlines”, according to chef Antonio Saez, who is focusing on “fun, fresh food from the sea”. Dishes include lobster tacos topped with mango, lime and coriander, inspired by Mexico; salmon, tamarind and tuna ceviche from Peru; and Asian beef tenderloin with stir-fried shiitake mushrooms.

HOTELARTSBARCELONA.COM/EN



MARRIOTT SIGNS MORE AUTOGRAPHS

Two new Roomers Hotel properties will join Marriott's Autograph Collection Hotels. Roomers Baden-Baden and Roomers Munich will become the collection's third and fourth hotels in Germany. Roomers Baden-Baden, which opens in August, will have 130 rooms, a pan-Asian restaurant, a lounge bar with a rooftop garden and an infinity pool with views of the Black Forest. Roomers Munich, which opens in December, will have a boutique feel, despite having 281 rooms. It will feature an indoor pool with a huge cinema screen.

AUTOGRAPHHOTELS.COM