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# 101

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**PLUS: THE BUSINESS OF YACHTING**

The state of the market - 2019 Global Order Book revealed

What we learned from the crash, by the industry's biggest players

Tracking the rise and fall of China's superyacht scene

# VOYAGE

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## THE ULTIMATE SPA GUIDE

*The oceanside sanctuaries worth stepping ashore for in 2019*

*Tried and tested  
by Goat International*

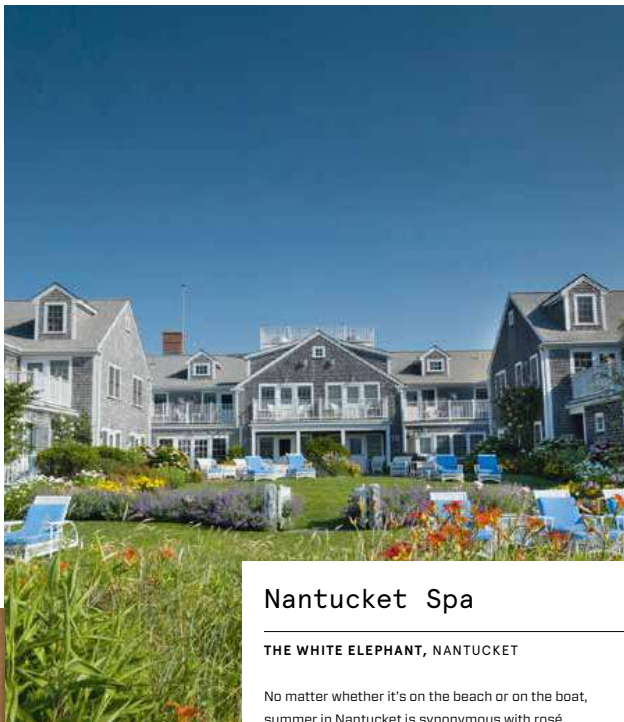


## Spa Byblos

**HÔTEL BYBLOS,**  
SAINT-TROPEZ, FRANCE

The citrus-hued Byblos has been Saint-Tropez's chief celebrity hotspot for five decades: Mick Jagger, Naomi Campbell and Rihanna have all sipped cocktails by its pool and partied at its rainbow-lit nightclub, Les Caves du Roy. Fortunately, nothing cures morning-after puffy eyes like a facial, and there are 10 on the menu. For the full VIP affair, book the Middle Eastern-inspired private suite with its own hammam. Afterwards, unwind in the mosaic-floored courtyard or in the Salon Libanais, which was imported from a 16th-century palace in Beirut.

**Best by boat:** It's a 10-minute stroll from the Port de Saint-Tropez via the most fashionable boutiques of Place des Lices – or a three-minute chauffeur ride if you are in stilettos. [byblos.com](#)



## Nantucket Spa

**THE WHITE ELEPHANT, NANTUCKET**

No matter whether it's on the beach or on the boat, summer in Nantucket is synonymous with rosé. Thankfully, if you have taken a few too many sips, the historic White Elephant Hotel is on hand to help. Its homely spa – complete with powder-blue walls, a log fire and freshly cut flowers – opens out on to the hotel's lawns, with views across a harbor that was the whaling capital of the world in the 1700s.

If you are in need of some TLC, go for the Main Street Massage, a nod to the uneven cobblestones that pave the town's boutique-lined center. Warmed basalt rocks are used to create deep relaxation and remove cellular waste from tissue. Afterwards, you can either head to the library for complimentary port and cheese or it might be time for another rosé...

**Best by boat:** Moor up in the Nantucket Boat Basin (yachts up to 249ft can manage the tricky turn around the lighthouse). From there you can take a tender to one of the hotel's slips, or it's a scenic five-minute bike ride from your dock. [whiteelephanthotel.com](#)

RECREATE THE BYBLOS SIGNATURE FACIAL ON BOARD



**Facial Mask with linden blossom**

Leave on for 15 to 20 minutes before rinsing to boost radiance. \$122, [sisley-paris.com](#)



**Lyslait Cleansing Milk with white lily**

Massage into your skin to cleanse and to stimulate blood circulation. \$120, [sisley-paris.com](#)



**Gentle Facial Buffing Cream**

Apply to dry skin to remove dead cells and impurities. \$95, [sisley-paris.com](#)