SUPPORTING MENTAL HEALTH AWARENESS WEEK

COMMENT P2



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VICTORY FOR M



JASPER JOLLY

EMMANUEL Macron last night won an emphatic victory over far-right candidate Marine Le Pen to become the next President of France.

The centrist politician and former Rothschild banker won 65.8 per cent of the vote in the second round of the presidential election, to Marine Le Pen's 34.2 per cent, with 98 per cent of the vote counted.

Macron, who has vowed to reform

the economy and labour market, said the French people had "turned a new page in our long history". The 39-year-old independent will become the youngest President in French history.

Addressing a rally outside the Louvre museum in central Paris he said: We have the strength, the energy and the will - and we will not give in to fear or division."

Investors welcomed Macron's victory, which removed the possibility of the anti-euro Le Pen gaining power.

Fraser Lundie, co-head of credit at

Hermes Investment Management, said: "The market will see this as another blow to the populist movement as Macron won emphatically on a pro-business, European future."

The euro jumped briefly above \$1.102 against the US dollar as trading floors opened, the highest point for the single currency since November. Theresa May was one of the first

world leaders to congratulate Macron. A Downing Street spokesperson said: The Prime Minister warmly congratulates President-elect Macron on his

election success. France is one of our closest allies and we look forward to working with the new President on a wide range of shared priorities." US President Donald Trump greeted

Macron's "big win", saying "I look very much forward to working with him!" Meanwhile the spokesman for German Chancellor Angela Merkel said it was "a victory for a strong united Euand for the Franco-German friendship"

CONTINUED ON P3

Labour's tax plans do not stack up, say top wonks

MARK SANDS

@MkSands

LABOUR plans to hike taxes for workers earning more than £80,000 have provoked a backlash, with a former party adviser and a top think tank leading the criticism.

Shadow chancellor John McDonnell yesterday revealed the proposal, which he says will fund health and schools spending. The party gave no detail on the size of any hike, promising it won't raise taxes for anyone earning less.

But it was mocked by a former advisor to previous Labour leader Ed Miliband.

"I'd be amazed if Labour found even one person with genuine tax policy expertise who thought it a good idea," said tax lawyer Jolyon

Maugham.
Shadow foreign secretary Emily Thornberry struggled to justify the plan yesterday. When asked by ITV's Robert Peston how much it would raise, she said: "I don't know. You'll need to ask John McDonnell about that.

The Institute of Economic Affairs (IEA) called it "incoherent".

IEA director general Mark Littlewood said: "Labour politicians talk about targeting the mega-rich, but... these plans do not stack up.

City ramps up efforts to shift attitudes on mental health at work

REBECCA SMITH

MORE than 150 City firms are teaming up to try and change how mental health at work is dealt with. Banks, insurers, asset managers,

law firms, professional services firms and mental health charities are among the organisations coming

together to demonstrate to their employees that it is important to talk about mental health.

Thousands of staff in the City of

London, and across the UK, are expected to wear green ribbons as part of a campaign led by the City's Lord Mayor. It also ties into Mental

Health Awareness week.
The ribbons are to signify that

people have a "green light" to talk about mental health.

Buildings across London, including the Bank of England, One Canada Square and PwC's Embankment headquarters, will be lit up in green

to show support.
It comes as the Conservatives have announced plans to replace the 1983 Mental Health Act as an early priority after the General Election. It would be replaced with new laws tackling discrimination against those with mental health problems. New research of 2,000 adults from the Mental Health Foundation and employee benefits provider Unum, has found that only a third of UK workers who have experienced poor mental health felt supported at work.

The study found line managers "routinely overestimate" the support given. Some 45 per cent of managers said an employee experiencing a mental health issue would be supported but under a fifth of workers said they actually received such support.

THE CITY VIEW: P2

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HOURS IN...

DOHA



The stunning St. Regis Doha frequently pops up in lists of the world's best hotels, and it's plain to see why. The luxury hotel boasts an exclusive private beach, signature spa and personal butler service. Visit stregisdaha.com



A trip to Doha isn't complete without a visit to the world renowned Museum of Islamic Art, which brings togethe more than 14 centuries of art and artefacts from every corner of the Islamic world. Visit mia.ora.go



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Enjoy Lebanese fine dining and incredible views across the Cornich waterfront promenade at Al Mourjan, where an authentic Middle Eastern seafood menu is served in style.

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For more info on Qatar go to visitootocoo



s I feasted on delicacies from Cru's raw bar - little neck clams, lobster ocktail with avocado and pre erved lemon, a half dozen Fifth Bend oysters washed down with a Crucomber, a cocktail of bison grass vodka cucumber and toasted sesame - I could see everything from sailboats to sleek super yachts bobbing around in the postcard-per-

While Cru wouldn't look out of place in Saint-Tropez, it's in a prime people-watching position in Nantucket. Lying 30 miles off the coast of Cape Cod in Massachusetts. this diminutive jewel of an island – around 15 miles long and three miles wide – became a late 19th-century refuge for city-dwellers escaping the hustle and heat of New York and Boston.

Today it's one of America's most exclusive summer destinations. Banish thoughts of the celebrity-packed beaches of the Hamptons and the opulent Gilded Age mansions of Rhode Island, Nantucket is low key, the epitome of laidback New England charm with shingled cottages surrounded by white picket fences, pristine white-sand

beaches and a vibrant foodie scene. I'd arrived by the fast ferry from Hyannis on Cape Cod and my base was The White Elephant Village, part of Nantucket Island Resorts' small collection of luxurious hotels and inns, each with its own unique charm. Less hotel room, more beach-chic apartment, my vast one-bedroom Resi-dence came with all the comforts of an

ultra-stylish home-from-home. It was just a short stroll to town, where joined a walking tour of the island's fascinating past from outside the Whaling Museum. Nantucket was home to the Wampanoag people, until 1659 when it was colonised by English settlers from Massachusetts and New Hampshire. It soon be came the wealthy whaling capital of the world: Nantucket whale oil lit the streets of London and the sinking of the whaling ship Essex inspired Herman Melville's

Moby-Dick In its whaling days, sailors said that you could smell Nantucket before you saw it The island is a bastion of conservation, so they might still recognise the cedar wood shingled houses and cobbled streets, but



The Island was in 1659 for the sum of £30 and



today they're filled with boutiques, cocktall bars and five-star hotels. Franchises are banned - you won't find Starbucks or Mc-Donald's here - and, apart from a Ralph Lauren outpost, Main Street's old-world storefronts are filled with one-off designs. The foodie scene has become increasingly sophisticated too, with top chefs raving about produce from the island's farms and the seemingly endless supply of fresh

That evening, I ate at Nautilus, a buzzy restaurant that serves creative cocktails and Asian fusion dishes with a Nantucket twist. Irresistible small plates kept appearing from the open kitchen - crispy marinated cala-mari. Hawaiian tuna poke, charred octopus followed by Nantucket Bay scallop khao soi and blue crab fried rice.

Nantucket was the whaling capital of the world. Its whale oil lit the streets of London

The following morning at The White Elephant's all-day dining restaurant, Brant Point Grill, I couldn't resist the New England Lobster Benedict, while I drank in the views over the water. Then I borrowed a bike in a bid to work off some of the gastro-

nomic pleasures. The island is pancake flat so it made for a leisurely ride. Almost half of it is protected. crisscrossed with around 30 miles of cycle lanes, which make two wheels the perfect way to go beach hopping. There are cer-tainly plenty to choose from and locals have their favourites, from calm Jetties Beach close to the town, to the glorious sunsets of remote Madaket Beach on the west and

Cisco, the surfers' spot, on the south. I took a taxi for a tasting at a different Cisco, a brewery, winery and distillery all rolled into one. The ramshackle appearance of this popular local hangout is deceptive. What began as a cider press and boutique winery has morphed into a stateof the art distillery and its barrel-aged single malt has been named best non-Scotch

note-malt in the world. I ordered a tasting of its inspired collection of craft beers, from hop-heavy IPAs to sea-sonal fruity flavours, before settling for a pint of Whale's Tail, and whiled away the



mellow afternoon listening to live music.

I headed east to my next resort, The Wauwinet, an island fixture that's welcomed guests since the late 1800s. Over its long life, the erstwhile inn has turned into a sophisticated boutique bolthole, with 32 elegant rooms decked out in soft pastel shades, white shutters and marble bath-rooms. A path from the hotel garden leads down to a beach that stretched into the far distance in both directions, separating the calm of Nantucket Bay from the wild At-

I explored this corner of the island with Captain Rob in Woody, The Wauwinet's aming, perfectly preserved 1948 Chevy. Rob's family has lived on Nantucket for 300 years and as we barrelled down the narrow lanes, passing woodland and the island's famous cranberry bogs that are a sea of flery red in autumn, he told me that Nantucketers talk of 'leaving for America'

when they go off the island. He drove me to Siasconset, known locally as Sconset. In the early 1900s, it attracted actors and writers from Broadway; now it's less about show business and more an under-the-radar hangout for billionaire businessmen and politicians, where former fisherman's cottages come with a ing year after year.

multi-million dollar price tag. That evening, after taking in the stun-ning sunset from the deck, chilled Chablis in hand, I indulged at the hotel's awardwinning restaurant, Topper's, with a sea-sonally inspired menu from chef Kyle Zachary that focuses on hyper-local ingredients. Luckily there were not one but three sommeliers on hand to guide me through the dizzying array of wines from the 20,000-bottle cellar

Lemon ricotta pancakes are popular at breakfast, while a low-key al fresco lunch might include an over-stuffed lobster roll, or a succulent Wagyu burger, washed

down with a spicy Bloody Mary. At dinner, it was hard to choose from de-constructed clam chowder and a sea urchin risotto, or lobster poached in seaweed butter and a cooked-to-perfection duet of Sirloin and short ribs. I managed to save room for dessert and the - literally just-baked cookies that melted in my

mouth were worth the wait. I returned to Boston by puddle jumpe Skimming low over the city skyscrapers, I was already missing Nantucket's combination of timeless island pleasures - salty air sun and seafood - that keep people return

The White Elephant has Wauwinet, a Relais & Chateau Hotel, doubles or call 00 1 830 475.263

Norwegian files Satwick to Boston four times a week with Economy lanes from £135, and Premium. fares from £399. one way. Visit nonvegion.com or call 0330 828 0854

Mirbeau Inn & Spain Plymouth is the perfect stopover before catching the ferry to Nantucket, doubles from S195 Visit



BRENNERS

BADEN-BADEN, GERMANY

Zoe Strimpel enjoys unparalleled luxury at the spa to end all spas

have a habit of starting in Baden Baden's casino, where throughout the 19th century a hodgepodge of bohemians, chancers and aristocrats would indulge in high stakes gambling and intrigue. This Roman bath m continues to attract a glamorous set who divide their time between retail therapy at Fendi and Gucci off the Lichtenallee, restorative spa waters, opera, art, gambling and fine dining.

Formerly the playground of rich Anglophones, Baden Baden is now home away from home for well-to-do sians and barons of oil from the Middle East, Brenners itself has always attracted international party people as well as world leaders; Barack Obarna and twenty-five heads of state stayed for the 2009 NATO Summit. The hotel's subdued luxury and new Villa Stephanie spa also lure plenty of

THE STAY: A grandee of the Baden scene, Brenners is a masterclass in European opulence, its surface serenity covering effort. The beliboy will hold the lift for as long as it takes for you and the manager to nish your conversation. Pink champagne will arrive in your room as if by magic an hour before dinner. The spa staff will quietly and swiftly mobilise across vast, watery spaces to locate your companion when you're in the bio-sauna and he, it turns out, is taking laps in the frescoed pool room. Long hallways decked in 18th century French prints and period carpets

chic Germans, Swiss and Scandinavians

are warmed with a luxurious aroma. THE POORS: In the main hotel moms are spacious and richly done, with paintings, prints, upholstery and marble evolving centuries past. Mixed in are newer piece with clean lines that keep things from



'Baden' means 'bath', so 'Bader Baden' technically

means 'bath bath'.

feeling stuffy or studgy. Balconies are enormous and face the Black Forest and the pastures and trees of the Lichtenalie The rooms in the newly opened Villa Stephanie building were designed so that guests after a digital detox can flip a switch that cuts them off from wifi, a service so expensive and finicky to put in place that Brenners is one of the few hotels in the world to offer it.

SPA: This is a destination spa in a spa town. As well as offering detax weeks. weight-loss programmes, yoga in the Black Forest and pretty much any ingenious combination for boosting well-being you can imagine, the new Villa Stephanie spa is also a world-class space - If a bit too big to be cosy. The facilities are complimented by brilliant treatments: a massage with a brusque older German man who opted for awloward chat over feel-good music was the most deliciously efficient kneading of muscles I have ever had, I sprang from the

treatment table. () The bar has the clubby feel of a Scottish hideaway but with unexpectedly edgy drinks - think designer Dutch peanut butter and jelly vodka. Bar snacks are amouses bouche rather than peanuts. The restaurant is a two-Michelin star affair and that's exactly how it tasted, from a glorious palate of melting fole gras to orbs of crimson venison to pear and guinoia crisp, served with top-drawer Austrian and French wine. It's worth noting that my vegetarian companion was as

Rates in a Stéphanie Classic Double Room start from €500 an a room-only basis Breakfast is an additional €41 per perso per day, Visit brenners.com/eng/villa-stephonie. Ryanair flies to Karlsruhe

happy as me.

daily from £17.